International Association of Endocrine Surgeons

Krakow, Poland
August 11-15, 2019
www.iss-sic.com
Abstract Deadline:
January 24, 2019
https://www.wcs2019.org

IAES Krakow Hotels

Hotel Stary
stary@hotel.com.pl

Hotel Pod-Roza
pod-roza@hotel.com.pl

AAES 40th Annual Meeting
April 7-9, 2019
Los Angeles, CA. USA
www.endocrinesurgery.org

1st Symposium on Parathyroid Fluorescence
Geneva, Switzerland
Feb 28 - Mar1, 2019.
www.spf2019.com

The 7th Seoul International Congress of Endocrinology and Metabolism.
(SICEM 2019)
Seoul, Korea.
April 18 - 21, 2019



On behalf of our president **Dr Jerry Doherty** and the entire council, we want to wish you and your family all the best in the up coming year…
2019 The Year of The 豬 (Pig)

I am excited to report the upcoming Krakow meeting is shaping up to be one of our best yet. Krakow, a former royal capital of Poland, is one of the oldest and most beautiful European cities. It is a town where history and modernity intertwine. Situated on the banks of the Vistula River, Krakow is famous for its priceless historical monuments of culture and art. The Old Town is included in the **UNESCO** World List of Cultural Heritage. Besides history, art and unforgettable atmosphere, Krakow provides its visitors with entertainment and relaxation: theatres, cabarets, cafes, restaurants and wine cellars offer something for everyone. International festivals and other events usually take place on the Main Market Square or beneath the Royal Wawel Castle.
The Main Market Square with St. Mary's Church and the renaissance Cloth Hall in the middle (a traditional place of trade) is the oldest part of the Old Town. They are the most valuable historical buildings in town. Another pearl of Krakow is the gothic building of Collegium Maius, one of the first universities in Europe, founded in 1364. The Wawel Hill, the seat of Polish kings is an example of magnificent Renaissance



IAES COUNCIL



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EX-OFFICIO INTEREST
Robert Parkyn

architecture. Near the Royal Castle there is a gothic building of the Wawel Cathedral which, over the centuries, has witnessed the most important religious and state ceremonies. Almost all the monarchs of Poland are buried in the cathedral crypts.

Kazimierz, the former Jewish district, founded in the 14th century, is now one of the most often visited parts of Krakow. Its history and unique atmosphere have helped to make it one of the most famous Jewish quarters in Europe. In 1993, Steven Spielberg filmed “Schindler’s List” there. Since that time, hundreds of tourists have visited Kazimierz every day, wishing to explore “Schindler’s Krakow”. The bustling cafes, pubs and restaurants with their bohemian clientele, local residents going about their everyday lives and the Jewish architecture and culture (historical and contemporary), combine to create a unique climate in this part of Krakow.

Dr Marcin Barczynski is our local arrangement chair and has worked hard to secure two lovely hotels in the heart of the old city as our official IAES headquarters. IAES members need to book their rooms before the end of 2018 as rooms at either the Hotel Stary or Hotel Pod-Rosa are limited. Instructions on booking these room was sent to the membership earlier this year. Please follow the directions carefully. **Our annual banquet** will be held on Tuesday, August 13 at the Wierzynek restaurant. Be sure to book when you register as this event usually sells out before the meeting.



The meeting program highlights include: **Dr Megan Haymart,** a leading endocrinologist from the University of Michigan, who will be giving the ***Peter Heimann Lecture***. **Dr Carrie Lubitz** and **Dr Peter Stålberg** will be giving the ***State of Art Lectures*** on Patient Reported Outcomes Research and Small Bowel Neuroendocrine Tumours, respectively. The program will include two panel sessions; ***The Surgeon’s Well-being*** moderated by **Dr Sally Carty** and the other panel will address ***Endocrine***

IAES NEWEST MEMBERS

BUNAME, Gustave

(Tanzania)

CANTÜRK, Nuh Zafer

(Turkey)

CONRADIE, Wilhelmina

(South Africa)

DASKALAKIS, Kosmas

(Greece)

DUEÑAS MUÑAS, Juan

(Columbia)

KIM, Hoon Yub

(Korea)

LAM, Tracey

(New Zealand)

MBUNDA, Fidelis

(Tanzania)

MITCHELL, Bradford

(USA)

PARAMESWARAN, Rajeev

(United Kingdom)

RAPPOPORT, Daniel

(Chile)

STUART, Heather

(Canada)

Surgery Without the High-Tech Bells and Whistles - back to basics…moderated by **Dr Tobias Carling.**

Back by popular demand is the ***Interesting Case Presentations*** which will start on Sunday afternoon just before the opening ceremonies - so book your flights accordingly. Early Tuesday morning we will once again be "woken up" by our ***Eye-opening Video Session*** moderated by **Dr Barry Inabnet**.

In this year's program we will be trialling a new format in our podium-presented free paper sessions, by having invited discussants address four selected papers. These discussants (**Drs Jan Zueduis, Fausto Palazzo, Carmen Solorzano and Quan Duh**) will help focus the discussion, bring out any controversies and challenge both the presenter and the data. These thought-provoking editorials will accompany the manuscript, if accepted, in the World Journal of Surgery. **Dr JA Sosa** has helped to increase the impact factor of the WJS in the short time she has become the Editor. To maintain this high standard, it is important to remember that acceptance into the IAES program does not guarantee acceptance of the manuscript to the WJS. The quality of the manuscript will be judged by an independent peer-review process, and not based on the quality of the presentation.

Also new this year, will be a luncheon session entitled ***Updates in Endocrine Basic Science***. This session will highlight previously published papers in basic science of interest to endocrine surgeons. I have appointed **Dr Stan Sidhu** to this task and invite any feedback on this initiative. **Dr Meei Yeung** will head the program committee in the selection of our free papers and posters for the meeting along with a distinguish list of international IAES members. (volunteers to the review of abstracts are always welcome… let me know!) The abstract deadline is **January 24, 2019,** by electronic submission only through the ISS website: https://www.wcs2019.org

The IAES continues to recruit new members from around the world and have just added another 12 members. Please reach out and welcome our newest members, listed in the sidebar. Recently the ISS has changed the fee structure to help recruit younger members and members from lower income countries by weighting the dues structure.



Our **INTEREST** programs continue to flourish. Earlier this year, **Drs Rob Parkyn** and **Bo Wangberg** ran a successful course in Viet Nam. The teaching of neck and neck ultrasound was the main focus of this return visit to Hue. INTEREST teams will continue to develop this relationship with the surgeons in Viet Nam.

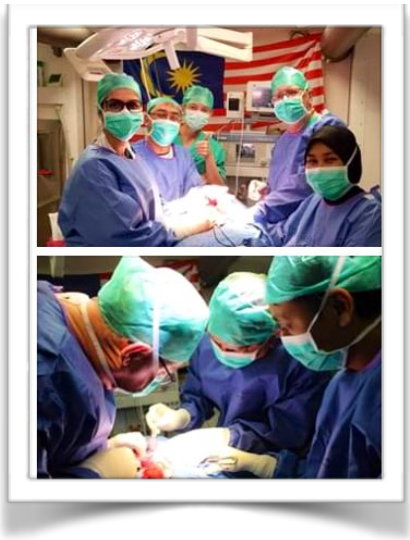
Drs Borel Rinke and **Schelto Kruijff** travelled to Malaysia to help run a combined Endocrine / Breast course with our BSI colleagues. Over the course of three days, Borel and Schelto gave six lectures, each on very specific endocrine topics such as "NIFTP" and "molecular analysis for indeterminate lesion" but also very rare tumours like "diagnostic dilemma's in poorly differentiated cancer."

"Our guest and course participants were outstanding. We were hosted tremendously well and the participants had a very high-level expertise. This led to very high-level discussions about prudently presented case presentations by the participants. One very special remark was the food that we were offered every break was very tasty, special and delicious. The friendship of our endocrine colleagues was great and we flew back home with a very satisfied feeling having had a great knowledge exchange. We think that the endocrine course in Malaysia, for which surgeons from across the country participate, is one to cherish. We hope that the IAES and the College of Surgeons of Malaysia will continue this cooperation. This is a very special and fruitful IAES mission."
Borel and Schelto



The IAES signed an MoU with the Minister of Health Malaysia on Nov 1, 2018 to continue with these important outreach programs. We are grateful for the help and support from the **ISS Foundation** that has allowed us to continue to run such programs.



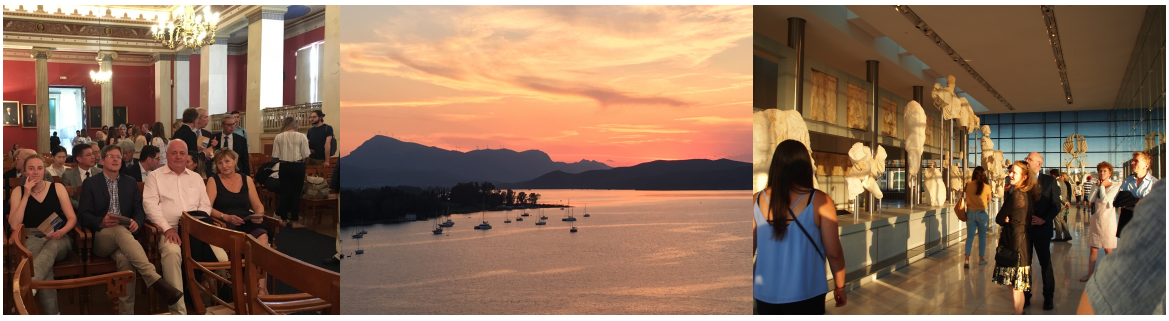


Just recently in early December, at the invitation of the Malaysian Government, **Drs Rob Parkyn and Noor Hisham Abdullah**, travelled to the Malaysian Field Hospital in Cox Bazar, Bangladesh. This hospital services the refugee camp caring for 1.2 million Rohingyans in an area of only 300 acres. The experience was invaluable and allowed for interaction with numerous other relief agencies. The one common theme was a need for volunteer surgeons. Our **INTEREST** program will focus on establishing a database of interested IAES surgeons available for such work. Rob reports that this work is challenging but extremely rewarding. The surgery is performed under tentage in the camps, including thyroidectomies performed for massive obstructing goitres. The role of the volunteer surgeons would be to not only provide treatment to the Rohingyan people, but also teaching to the Malaysian Army Field Surgeons. IAES members considering volunteering for this project need to contact Rob Parkyn at parkyn@chariot.net.au.



The ***17th IAES Post Graduate Course*** organized by **Dr Dimitrios Linos** and his team had a successful meeting in Athens this spring. Along with two days filled with lectures and vibrant case discussions with our Greek colleagues, the faculty were delighted in hearing from **Professor Fotios Pavlatos** who gave the keynote address. Fotios was the first to describe the 1mg over-night dexamethasone suppression test for hypercortisolism, known in Greece as the 'Pavaltos test'.





A Quarter of a Century Ago…

February 1st, 1991 **Dr Lamar Snow** from Mobile, Alabama was reported to have performed the first laparoscopic right adrenalectomy through an anterior supine approach. Around the same time, first utilizing a porcine model, **Dr Michel Gagner** and his team from Hotel-Dieu in Montreal, Canada, revolutionized the approach by placing the the patient in the lateral decubitus position.



Laser Highlights

A Newsletter of Clinical Applications published by Heraeus LaserSonics, Inc. Vol. II, No. 1, February 1991

CO_2 Laser Excision of the Interdigital Neuroma

J. Michael Lunsford, DPM, FACS
Houston, TX
Michael H. Wyss, DPM, FACS
Diplomate American Board of Podiatric Surgery

Abstract

Introduction

Precautions

Equipment

Operative Procedure

Endoscopic General Surgery: An Update

L. Lamar Snow, M.D., F.A.C.S.
Assistant Clinical Professor of Surgery
University of South Alabama College of Medicine
Mobile, AL

Introduction:

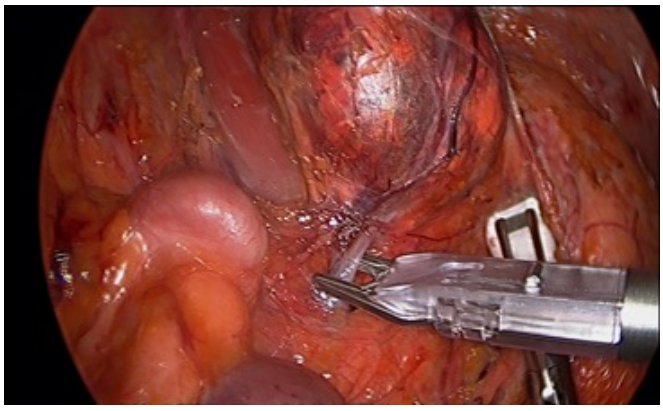
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Workshop Schedule 4
Revolutionary New CrossFire 4

Economics of Laser Maintenance

Endoscopic General Surgery



On October 1, 1991 in a Letter to the Editor of the NEJM, Gagner *et al* reported on their early success of 'Laparoscopic adrenalectomy in Cushing's syndrome and Pheochromocytoma'. By 1993, the team reported their series of 25 consecutive laparoscopic adrenalectomies at the annal AAES meeting in Williamsburg, Virginia. This novel approach helped lead the way for further advancements in the surgical treatment of adrenal lesions. Our endocrine surgical colleagues from Turkey, including **Drs Selcuk Mercan & Sedar Tezelman**, approached the adrenal gland endoscopically from posterior, and in 1995 reported on their early experience. This retroperitoneal approach was not as easily adopted as the lateral laparoscopic approach was by most endocrine surgeons until **Dr Martin Waltz** modified the technique. Thanks to these innovative surgical pioneers, nowadays, most endocrine surgeons have in their surgical armamentarium both the anterior and posterior endoscopic approaches to the adrenal gland.

When asked to reflect upon his contributions to the surgical management of the adrenal glands Michel stated: *"In retrospect, this remained one of the most important moments of my surgical career as it altered my course as a surgeon, those of many in endocrine surgery as well, it had a maximum impact on several thousands of patients worldwide, and relocated my family to United States. During this fertile period of several years, I went on to visit many key institutions in North America, Europe and Asia, to perform and demonstrate live laparoscopic adrenalectomies in foreign theatres, giving numerous addresses and lectures, surgical grand rounds at hospitals and universities, symposia and national medical congresses, including at the AAES and IAES. I want to thank numerous senior members of IAES for their open minds, welcomes and generosities during those years of early endoscopic developments."*

Let us not forget our colleagues who came before us ….



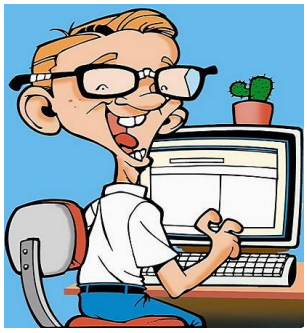
Dr. Jan Erik Varhaug
1942-2017
Professor Jan Erik Varhaug passed away on December 14, 2017 at the age of 75. Jan Erik served as an endocrine surgeon and professor at Haukeland University Hospital, Bergen, Norway for several decades before retiring five years ago. He was a valued member of the IAES. He contributed significantly, both nationally and internationally, to the field of endocrine surgery. His friendly and personal approach, combined with his extensive clinical knowledge, experience and his operative skills, were valued greatly by all his friends and fellow surgeons, and patients alike. He will be greatly missed.

Dr. Shiro Noguchi
1937 – 2018
He was a great surgeon and an excellent researcher in the field of thyroid surgery. In his early career progression, he was awarded a position at the Royal Infirmary of Scotland through the British Cancer Campaign in 1971. Thereafter, he moved to the Cleveland Clinic for a research fellowship under the mentorship of Dr. George Crile, Jr. for several years. He served as President of the IAES from 2001 to 2003. Dr. Noguchi was a grandson of the founder of Noguchi Thyroid Clinic, the first specialized hospital for thyroid diseases in Japan. He was the Director of the Clinic for 30 years. His contributions to endocrine surgery particularly thyroid cancer, are numerous.



Our Website

You will soon be seeing changes in the look and function of our Website. The *ad hoc* Website Committee (**Drs Fausto Palazzo, Shirley Liu, Steve Rogers, Keat Cheah, James C. Lee and Barb Miller**) have started the process of updating our website to make it more useful to our membership. We plan to launch the new version prior to the Krakow meeting.





The IAES is in need of a new LOGO…

Artistically inclined? Have some great ideas? Help modernize and update the IAES logo. Submit your designs by February 1, 2019 to IAES_JP@icloud.com . The winning design will receive free registration to the Krakow meeting.

On Behalf of Tammy and myself in the office of the IAES Secretary -Treasurer



'May the peace and beauty of the holiday season allow you to cherish time with family and friends'… JP

