International Association of Endocrine Surgeons

2023 IAES NEWSLETTER

A WORD FROM THE IAES PRESIDENT

JAN ZEDENIUS

Dear members of the IAES,

2023 is approaching its end, and, to be honest, I probably will not miss this year too much from a general point of view. However, it has also been productive in many ways, as the IAES executive council has been very active in preparing for next year's separation from the ISS. Of course, the primary activities have been undertaken to guarantee the best quality for next year's meeting in Kuala Lumpur; in my opinion, the program looks terrific and should have something fruitful for everyone! Also, I really look forward to meeting as many of you as possible in Malaysia. And after Kuala Lumpur, we shall target us for our first meeting on our own: Sydney, Australia 2026! Wow...

It was with great sadness we recently read about the passing of Professor Emeritus Sten Lennquist, at the age of 86 years. He was among those that initiated, and made successful, the International Postgraduate Course in Endocrine Surgery, under the auspices of IAES. I wish to express my deep gratitude for all Sten's contributions throughout the years.



Finally, I wish all of you a very merry Christmas, a Happy New Year, rewarding holidays, and - See you in KL!

Jan Zedenius

IN THIS NEWSLETTER

World Congress on Thyroid Cancer
PAGE 02
Events in USA
PAGE 03/04
Events in India
PAGE 05
Events in Japan
PAGE 06
Events in Oceania
PAGE 07/08
Events in Sweden
PAGE 09
European Society of Endocrine Surgeons (ESES)
PAGE 10
INTEREST
PAGE 11
Janice Pasieka's Festschrift
PAGE 12



WORLD CONGRESS OF THYROID CANCER LONDON 2023

FAUSTO PALAZZO & AIMEE DI MARCO

Over 4 days from 15th-17th June the WCTC was hosted in London. Led by the local WCTC chair Prof Neil Tolley, the meeting was a considerable success with over 1000 delegates attending from over 86 countries. The Hilton Metropole proved to be an inspired venue to discuss all aspects of thyroid cancer care. The usual mix of an international faculty provided plenary lectures, instructional courses and video presentations were interspersed with round table discussions and clinical cases. New topics discussed this year included health economics and diversity in thyroid cancer care and provision. The social event at Oxo Tower coupled with excellent weather provided an ideal showcase of our city.

The WCTC meeting really has become a major educational force and the next is planned for Boston in 2025.





EVENTS IN ENDOCRINE SURGERY USA

BARB MILLER & TRACY WANG





The past six months have remained busy with multiple meetings and continuing efforts across multiple organizations. Work to establish a Focused Practice Designation (FPD) for Complex Adult Thyroid and Parathyroid Surgery is ongoing, after approval by the American Board of Medical Specialties in the spring of 2022. Metabolic and bariatric surgery is the only other specialty certified by the American Board of Surgery to currently hold this designation, which recognizes surgeons with specific expertise from a knowledge standpoint in the evaluation and management of patients with adult thyroid and parathyroid disorders and who spend a significant amount of procedural time caring for these patients. The FPD can be obtained through both a clinical pathway and a fellowship pathway. A joint effort between the American Board of Surgery and American Board of Otolaryngology – Head and Neck Surgery is being led in part by IAES members (Peter Angelos, Herb Chen, Carmen Solórzano, and Tracy Wang are ABS representatives and Greg Randolph is an ABO-HNS representative on the Steering Committee). Twenty additional members of the ABS and ABO-HNS are members of the Exam Writing Committee for the first examination, which is tentatively scheduled for 2025.

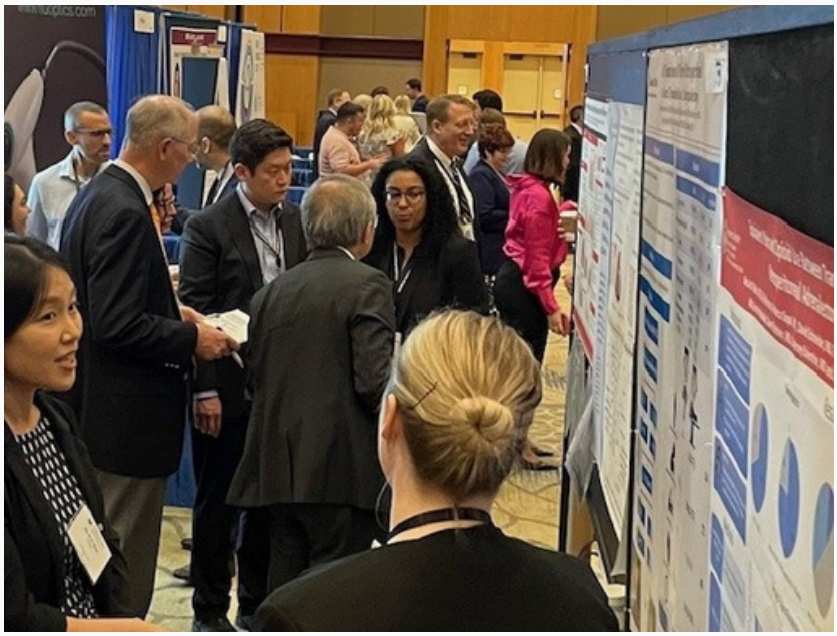
EVENTS IN ENDOCRINE SURGERY USA

BARB MILLER & TRACY WANG

The AAES held its annual meeting in Birmingham, Alabama in April, 2023. President Cord Sturgeon's focus was on increasing awareness of disparities in health equity. A special scientific session was held during the meeting consisting solely of abstracts focusing on this important area. Dr. Carmen Solórzano became AAES President at the conclusion of the meeting and has chosen to focus on education as her presidential initiative. AAES 2024 will be held in Dallas, TX, April 20-22, 2024. Registration will open in mid-December. Check out the meeting website at https://www.endocrinesurgery.org/2024-annual-meeting. The Endocrine Society will host its annual meeting in Boston, MA, June 1-4, 2024. More information is available at https://www.endocrine.org/meetings-and-events/endo-2024.

In mid-October, an international group gathered in Chicago, IL for the festschrift of IAES immediate past-Secretary and President-elect Janice Pasieka. A wonderful time was had by all. Please see additional details below provided by Dr. James Lee (USA).

Many endocrine surgery focused abstracts were presented at the American College of Surgeons Clinical Congress held in October in Boston, MA. Henri Ford, MD, MHA was installed as President. Beth Sutton, MD, of Wichita Falls, TX, was announced as President-elect. Dr. Sutton is a longstanding member of AAES. While in Boston at ACSCC2023, the U.S. Chapter of the International Surgical Society held its annual business meeting. The departure of IAES from ISS as an integrated society after International Surgical Week 2024 in Kuala Lumpur, Malaysia was discussed. Ewen Harrison, MB ChB, PhD, FRCS, from University of Edinburgh, gave the Distinguished Lecture of the International Society of Surgery: Artificial Intelligence and the Future of Global Surgery.



EVENTS IN ENDOCRINE SURGERY INDIA

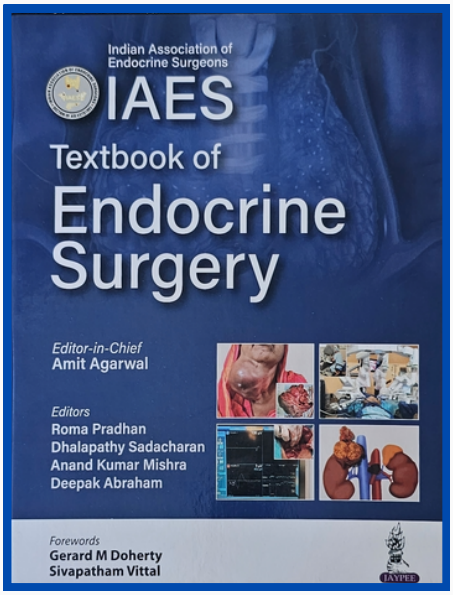
AMIT AGARWAL



The 24th National Conference of the Indian Association of Endocrine Surgeons (IAES) was held at the Hotel Lily, Guwahati, Assam , India from the 12th to 14th October, 2023. The organizing secretary of this meeting was Dr. Sunil Barua. The conference started with an opening ceremony in which the traditional lighting of the lamp ceremony was performed by the Chairman, Secretary, Treasurer, and other delegates. The pre-conference workshop was held at Dr Bhubaneswar Borooah Cancer Institute, and involved hands-on training of microwave ablation of thyroid nodules. The conference consisted of 5 case-based discussions, 6 lectures, a quiz, 2 plenary sessions, 3 orations, a meet-the-professor session, a debate, 10 video sessions, poster presentations and a best free paper award session. During the conference, Dr Pradeep PV was appointed the President of the IAES. The conference was well attended by more than 250 faculty and delegates and the academic feast and cultural programme was thoroughly enjoyed by all.



The Indian Association of Endocrine Surgeons tasked its members to write a textbook on Endocrine Surgery. Prof.Amit Agarwal, as Editor-in-chief along with his co-editors and National and International Experts published a comprehensive book with 45 chapters including chapters on important allied topics such as Endocrine-Radiology, Pathology, Nuclear Medicine and Radiotherapy.





EVENTS IN ENDOCRINE SURGERY JAPAN



IWAO SUGITANI

From June 15th to 17th, 2023, the 35th Annual Congress of the Japan Association of Endocrine Surgeons took place in Matsumoto City, Nagano Prefecture. The President of the congress was Professor Ken-ichi Ito from the Department of Surgery, Division of Breast and Endocrine Surgery, at Shinshu University School of Medicine. The theme of the congress was “Scalpel in Hand, Molecules in Mind.” The total number of presentations was 275, including 42 symposiums. A total of 687 participants gathered in the historic castle town, engaging in enthusiastic discussions.

Regarding thyroid tumors, topics centered around future treatment strategies incorporating molecular biology information, challenges in Japan compared to overseas, and the current status and challenges of endoscopic surgery. In the field of the adrenal gland, discussions focused on the current state of robot-assisted surgery.

Professor Richard J. Payne from McGill University, Canada, delivered an online special lecture titled "Thyroid Nodule Diagnostics and Clinical Decision Making: Molecular Testing." During the diversity session, Professor Sanziana Roman from University of California San Francisco provided a video message of encouragement to female surgeons in Japan. As we emerge from the pandemic, there is anticipation for increased international exchanges in the future.

Looking ahead, the 36th Annual Congress is scheduled for May 23rd to 25th, 2024, in Kurume City, Fukuoka Prefecture, and the 37th Annual Congress will be held from May 22nd to 24th, 2025, in Kamakura City, Kanagawa Prefecture. We look forward to the continued growth of international collaboration and knowledge exchange in the field of endocrine surgery.





EVENTS IN ENDOCRINE SURGERY AUSTRALIA & NEW ZEALAND

JONATHAN SERPELL & MARK SYWAK

The last 12 months has seen an enthusiastic return to high quality meetings and academic activities in endocrine surgery throughout Australia and New Zealand. The following activities took place:

1. The 9th Endocrine Surgery Post-Graduate Course was held on 11 - 12 November 2022 in Manly, Sydney, Australia. The course was convened by Associate Professor Mark Sywak - President of ANZES. The course was held on the beautiful northern beaches of Sydney and was attended by 160 Surgeons, Allied Staff and trainees. In addition to an outstanding local faculty of Endocrine Surgeons from Australia and New Zealand, the course featured presentations from Professor Brian Lang (Hong Kong), Associate Professor Catherine Sinclair, talking on thyroid nodule ablation (ENT/Head and Neck Surgeon, Melbourne, Australia) and Professor Anthony Gill (Pathologist, Sydney, Australia).

2. The Royal Australian College of Surgeons Scientific Congress was held Monday 1-5 May 2023 in Adelaide, Australia. There was a 4-day program of updates and research presentations, with several fantatic presentations from our two key Endocrine Surgery College visitors, Jessica Gosnell (San Francisco, USA) and Noor Hisham Abdullah (Malaysia).

Pictures from the RACS Adelaide 2023









EVENTS IN ENDOCRINE SURGERY AUSTRALIA & NEW ZEALAND

JONATHAN SERPELL & MARK SYWAK

3. The Genetic Evaluation of Thyroid Nodule Symposium was held in Sydney on 6 November 2023 and was run by Sonic Healthcare and had an impressive faculty of Yuri Nikiforov (USA), Mike Tuttle (New York, USA), and Gregory Randolph (Boston, USA). The meeting was attending by 200 surgeons and endocrinologists from NSW, with a focus on thyroid cancer diagnosis and management.

4. The 9th Multidisciplinary Update on Thyroid and Parathyroid Diseases was held on 9 - 11 November 2023 in Noosa Heads, Sunshine Coast, Queensland, Australia. In addition to a talented local faculty, the program featured thought provoking presentations from David Shonka (USA), Gregory Randolph (Boston, USA), Mike Tuttle (New York, USA) and Professor Bruce Robinson (Sydney, Australia).

5. The Biennial Alfred Hospital General Surgery Meeting was held on 3-4 November 2023 in Melbourne, Australia. This was the 8th occasion the meeting has been held and spans the breadth of general surgery but included two insightful presentations on endocrine surgery from our visitor Professor Stan Sidhu (Sydney, Australia) – 150 years of Thyroid Surgery in 15 minutes, and Thyroid Cancer Guidelines – who are the guidelines guiding?

The Annual Scientific Congress of the Royal Australian College of Surgeons for 2024 will be held from 6-10 May in Christchurch, New Zealand, with a dedicated section program in Endocrine Surgery.



EVENTS IN ENDOCRINE SURGERY SWEDEN



PETER STÅLBERG





Katrin Brauckhoff for the PO Granberg lecture (left) and Viktor Johansson for the Ivar Sandstrom lecture (right). Both are flanked by our chair of the Swedish Endocrine Surgical Society Maria Annerbo.

Annual Abdominal Endocrine Tumour meeting, February 2-3

The Abdominal Endocrine Tumour Meeting focused on the adoption of minimally invasive techniques for treating SI-NET. Discussions also centred around the resection of primary tumours in stage IV SI-NET and pancreatic NET. Starting this April, there is a mandate to centralize the management of pancreatic NET, advanced SI-NET, and large adrenal tumours at four high-volume tertiary hospitals. Notably, the event emphasized the practical implementation of this centralization. In addition to in-depth discussions on these topics, the meeting also serves as a valuable platform for research collaborations.

Annual Surgical Week, August 21-25

Annual Surgical Week was a resounding success, uniting a significant portion of Sweden's surgical community. The endocrine surgery program, hosted by Swedish Association of Endocrine Surgeons, featured diverse topics, with a record number of abstract presentation. Key highlights included discussions on DTC risk assessment, insights into the updated 2022 WHO classification of thyroid tumours by Associate Professor Christofer Juhlin from Karolinska University Hospital, and a comprehensive presentation on the surgical treatment of MTC by the international guest speaker, Associate Professor Katrin Brauckhoff from Haukeland University Hospital, Norway.
Dr. Berendsen, representing Sahlgrenska University Hospital, shared data from an extensive multicenter Scandinavian study on long-term outcomes following surgical resection of non-high-risk GIST, revealing excellent results for patients with completely resected non-high-risk GIST. This raised questions about the necessity of follow-up programs for this patient group. The event also featured numerous other notable abstract presentations, such as Professor Hellman's (Uppsala University Hospital) talk on the use of CETO PET in adrenal tumour patients, as well as intriguing presentations on the genetic evolution in ACC and pancreatic NET (Uppsala), and the utilization of digital droplet PCR for screening TERT promoter mutations in high-risk thyroid tumours (Karolinska).

Annual meeting for thyroid cancer and thyroidology, October 6

As is customary, the annual meeting for thyroid cancer and thyroidology convened, bringing together endocrinologists, endocrine surgeons, oncologists, pathologists, and radiologists. The meeting covered topics such as the latest updates on the treatment of ATC, the use neck US for endocrinologist and endocrine surgeons, and presentations on new research findings related to DTC and its association to cardiovascular risk and anxiety, as well as discoveries related to Graves' disease and orbitopathy, bone mineralization, and more.

THE EUROPEAN SOCIETY OF ENDOCRINE SURGEONS (ESES) UPDATE

MARCIN BARCZYŃSKI

The 10th Conference of the ESES was held in Mainz Germany, on May 18 – 20, 2023. We look back to a very successful meeting with 357 participants, high-quality presentations, lively peer discussions, and enthralling audience voting on controversial treatment decisions in the four panel sessions thyroid, parathyroid carcinoma, adrenals/paraganglioma, and GEP-NEN. The ESES treatment guidelines for advanced endocrine malignancies - the result from this dedicated conference – will be published shortly in the British Journal of Surgery / BJS Open.

During the conference the ESES acting as Strategic Partner of the British Journal of Surgery Society (BJSS) has this tremendous opportunity to host Dr. Gregory Randolph (Boston, USA) who presented the BJS Lecture "Current state and future prospects in the management of advanced thyroid malignancies". In addition, the BJS Prize Session was organized comprised of 5 highest scored abstracts submitted for consideration. This year's winner was Mr. Radu Mihai (Oxford, UK) who presented a paper entitled "S-GRAS score correlates with survival after resection of adrenocortical carcinomas".

Congratulations to all the colleagues who have passed the EBSQ-DES examination to become Fellows of the European Board of Surgery (FEBS-Endocrine Surgery) ! This year we had the record number of 28 eligible applicants / 25 examinees. Now the family of endocrine surgeons certified by EBSQ-DES has reached a number of 227 fellows who have been successfully examined since the year of 2003.





We look forward to joining the 10th Biennial Congress of the ESES which will be held in Rome (Italy), on May 23 – 25, 2024. This event marks the 20th anniversary of the first constituent congress of the ESES in 2004 in Pisa.

The Congress program focuses on the most recent advances in this field and should appeal to a broad audience of specialists. The scientific program includes pre-congress symposia, keynotes, invited lectures, including BJS lecture, free paper sessions, including Best Oral Paper session, and BJS Prize Session, video sessions, and commercial exhibits.
A full social program each evening provides the opportunity to network with colleagues and international experts.

Rome, the Eternal City, is famous in Europe and all over the World as a city of culture and science which has been playing a significant role not only in European history but also is a part of the World heritage.
See you at the ESES 2024 in Rome!

INTEREST PROGRAM

INNE BOREL RINKES

Shortly after the IAES meeting in Vienna, the first Malawi Surgical Oncology Summer school was held in Blantyre, Malawi (22-26 August 2022). This summer school was organized by Dutch and Malawian surgeons presenting topics either pre-recorded or live. The program included half a day on ENT- and thyroid tumors, with lectures and case presentations by our IAES-colleague prof. Schelto Kruijff from Groningen (NL) and dr. Wakisa from Malawi.

On November 5, 2022, the first Surgical Symposium on Endocrine, Breast and Oncoplastic Surgery in Nairobi, Kenya, was held at M.P. Shah Hospital under the auspices of the Surgical Society of Kenya. The entire morning session was spent on thyroid, and parathyroid tumors as well as on pancreatic neuro-endocrine tumors. Most presentations were given by Kenyan specialists from various Nairobian and regional institutions, including the Academic Hospital of the Aga Khan University. Prof. Inne Borel Rinkes from Utrecht University (NL) and Chair of INTEREST delivered a lecture on minimally invasive approaches in thyroid surgery.

This was followed by a three-day visit to IAES member dr Gustave Buname and his team in Bugando Medical Center, Mwanza Tanzania, for the first educational outreach in endocrine surgery in Mwanza under the INTEREST program (Photo). The visit consisted of a variety of talks and meetings with the Bugando faculty, assisting in thyroidectomy, and presenting selected topics on endocrine surgery for staff and residents. We also engaged in discussions on how to further strengthen the team's endocrine surgery program.

March 31- April 2, 2023, an INTEREST team consisting of prof Amit Agarwal and dr Roma Pradhan from Lucknow, India, and prof Inne Borel Rinkes attended the First Thyroid Workshop, organized by the Nepalese Association of Thyroid, Laryngology & Allied in Kathmandu Nepal. The INTEREST team was hosted as faculty by prof Toron KC, dr Chandan and prof. Deependra Shrestha. (Photo). The program consisted of a variety of presentations by faculty members and Nepalese specialists, case-based panel discussions, and a day of live surgery by prof Agarwal and dr Pradhan including interactive Q&A with the attendees.

For the Malaysian Breast and Endocrine Fellowship Seminar 2023, INTEREST provided an online presentation (May 18, 2023) on updates in the management of pheochromocytoma and paraganglioma, at the request of the organizers, dr. Siti Zubaidah Sharif and dr. Lee Chang Haur from Kota Kinabalu, Sabah, Malaysia.



Bugando Medical Center, Mwanza Tanzania, Dr Gustave Buname on the right



Inaugural Ceremony, First Thyroid Surgical Workshop, Kathmandu, Nepal

JANICE PASIEKA'S FESTSCHRIFT

SALLY CARTY
JAMES A LEE
CORD STURGEON
INSOO SUH
TRACY WANG



This October, ninety Kindred Spirits (colleagues, fellows, mentees, family, and friends) from across the world gathered in Chicago to honor IAES President-elect Janice L. Pasieka with a Festschrift—a celebration of her extraordinary career.Janice has always been one of our boldest pioneers in Endocrine Surgery and has helped shape the very contours of our field. Whether it's revolutionizing the care of patients with neuroendocrine tumors or defining the impact of parathyroidectomy on "non-specific symptoms" through the PAS score, she has made groundbreaking contributions across the spectrum of endocrine disease.



Janice has also been a mentor and role model for so many in every generation of Endocrine Surgeons across the world. Her shining example of putting the patient at the heart of everything we do and always building up those around us is the true north so many of us try to emulate.



The Scientific Program highlighted Janice's profound influence in all of these areas and featured twenty-five talks that ranged from innovations in the care of hyperaldosteronism and genetic screening clinics, advances in AI for education, strategies for advocating for the most at-risk populations, and a riveting talk by current IAES President Jan Zedenius on Trailblazing Women Nobel Laureates. The American Journal of Surgery will publish the manuscripts from many of the talks presented at the Festschrift and can be found online using the keywords "Pasieka Festschrift." Please join us in honoring the immense contributions of Janice L. Pasieka to our field, community, and lives.

