International Association of Endocrine Surgeons

2025 IAES NEWSLETTER

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A WORD FROM YOUR NEW PRESIDENT

Janice L Pasieka

Dear Kindred Spirits of the IAES



I want to personally welcome each of you to the 'new, independent' IAES. As many of you are aware, 2024 was an exciting year for our organization. Not only did our Secretary-Treasurer Stan Sidhu and the IAES program committee put together a fantastic meeting in Kuala Lumpur, but we also successfully transitioned our organization from an integrated society within the International Surgical Society/Société Internationale de Chirurgie (ISS/SIC) to an independent one. Since assuming the role as secretary two years ago, Stan and his trusty assistant Jessica, have been working hard preparing for this transition by putting into place a new management company, ACS Global, re-developing our website (NOTE new address https://iaesurgeons.org), growing and shaping the council to reflect the youthfulness of our current membership and have just finished a successful membership drive. The decision to separate from the ISS/SIC was not an easy decision, but one that was debated by council over the last decade.

Since the inception of our organization in 1979, the ISS/SIC has serves us well. At a time when endocrine surgery was not a recognized subspecialty, our forefathers had the insight to bring together a group of surgeons interested in endocrine surgery. Utilizing the international reach of the ISS/SIC, we as an organization grew and prospered. Over the years however, council recognized that in order to remain relevant to all endocrine surgeons, we needed to evolve and change with the growing needs of the worldwide endocrine surgical community, while recognizing the importance of local/national organizations. Thanks, in part, to the great leadership of our out-going president Jan Zedenius, the IAES successfully navigated our beloved organization through this transition from the ISS/SIC with both grace and dignity.

I am honoured and excited to serve as the 23rd President of the IAES as we transform our organization. The IAES has been, and will remain, 'the friendly society', a termed coined by our third President, Per-Ola Granberg. Our organization is uniquely positioned to help provide an invaluable global network of colleagues for surgical innovation and research, while illustrating and supporting the diversity of endocrine surgical care experienced worldwide. This diversity has not only been instructional to learners, but has also provided

the catalyst for surgical innovation, novel care pathways and has played a pivotal role in challenging regional/national surgical dogma.

We are now in a position to design our meetings and membership interface that better fits our members' needs and schedules. To that end, planning for our next scientific meeting in Sydney, Australia is already underway. Mark Sywak and Alex Papachristos, our local arrangement chairs, have secured a venue on Manly Beach from November 6-8th, 2026 and we are working on providing a diverse and novel program. Stay tune for updates in the coming year, but put the dates in your calendar as it will be a meeting you will not want to miss.

The World Journal of Surgery remains our society's journal and under new editorial leadership the WJS now provides several different opportunities for our members to publish their scientific work. Keep an eye out for the endocrine surgical content published each month be signing up for the table of contents from Wiley. Other educational activities can be found on our website including instructional operative videos and links to the TIRO podcast series now in its second season. We are always interested in sharing educational content, so reach out if you have an idea or content to share.

The success and future of the IAES is in the hands of you, the membership. It is so important for our organization to not only maintain the existing members, but to also recruit back into the fold, those endocrine surgeons that had let their memberships lapse, and to entice the next generation of surgeons to become part of the IAES. Reach out to you kindred spirit endocrine surgical colleagues to join this society and take part in the wonderful kinship shared amongst our members.

Sir William Osler (yes as you all know a 'kindred spirit' of mine) when speaking to the value of belonging to a medical society throughout one's career wrote:

"You cannot afford to stand aloof from your professional colleagues in any place. Join their associations, mingle in their meetings, giving of the best of your talents, gathering here, scattering there; but everywhere showing that you are at all times faithful students, as willing to teach as to be taught." Aequanimitas 110, 1932.

Take care of the patients you serve, but also be sure to take care of yourself and those you love.
JP



YOUR NEW IAES COUNCIL EXECUTIVES



Janice Pasieka
President



Quan-Yang Duh
President-Elect



Stan Sidhu
Secretary/Treasurer



Jan Zedenius
Past President



Fausto Palazzo
Council Co-ordinator



Inne Borel Rinkes
INTEREST Chair



Linwah Yip
WJS Associate Editor

YOUR NEW IAES COUNCIL

COUNCIL MEMBERS



Paul Gauger
Council Member



Kyu-Eun Lee
Council Member



David Scott-Coombes
Council Member



Peter Stålberg
Council Member



Tracy Wang
Council Member



Jonathan Serpell
Council Member



Iwao Sugitani
Council Member

EARLY CAREER COUNCILLORS



Aimee Di Marco
Early Career Councillor



Jesse Pasternak
Early Career Councillor

MEMBERSHIP UPDATE

Since the ISW 2024, the IAES is now an **independently run** organisation and is no longer a part of the ISS-SIC. We have had more than 200 paying members & 60 senior members rejoin the new IAES from over 30 countries around the world.

We are still an expanding organisation and we are now able to offer new exciting educational and academic opportunities (see education update).

If you have friends and colleagues who wish to join, please find a QR below to share with them.

Scan me!



ISW 2024 - SECRETARY/TREASURER'S REPORT

Stan Sidhu

The 23rd Meeting of the IAES was our last meeting as part of International Surgical Week under the umbrella of the International Surgical Society. It was a highly successful meeting, following the formats established at previous meetings. I am indebted to my programme chair, Prof Jan Zedenius, for guiding the scientific programme, and to my co-convenor Prof Jonathan Serpell for his assistance in constructing a highly scientific programme.

As always, we were aided by a large number of councillors and members at large to help us select and judge the oral and poster presentations. I am indebted to the abstract selection Chair, Dr Linwah Yip, for selecting the highest quality abstracts for oral presentation and over 100 posters for presentation at the meeting. Prof Inne Borel Rinkes was the Chair of the oral presentation judging panel and Prof Jonathan Serpell was the chair of the poster presentation judging panel. The keynote, Peter Heinmann lecture, was given by Prof Christofer Julin and it was an erudite presentation on endocrine pathology for surgeons, which was extremely well-received by the membership. Prof Jan Zedenius entertained and enlightened us with the IAES Presidential Lecture “The Nobel Prize & its Surgeons”. We had two outstanding State of the Art lectures, given by Prof Hisham Abdullah on anaesthetic alternatives for neck surgery, and Prof Barb Miller on adrenal cancer & its current paradigms and medical/surgical management.

I am indebted to my colleagues, who led a number of very interesting sessions and panel discussions. The interesting cases session was led by Dr Aimee Di Marco and Prof Tracy Wang, while Brian Untch & Heather Wachtel organised an IAES Basic Science Session.

Dr Amanda Laird and Prof Olov Norlen did an excellent job in leading the Educational Video Session. Prof Herbert Chen & Dr Rachel Kelz ran an IAES Symposium on Leadership which was well received . Prof Peter Stalberg and Dr Jamie Murphy led an informative combined session on mouth-to-anus neuroendocrine tumours. Prof Iwao Sugitani and Dr Anthony Glover corrdinated a great session on targeted therapies for thyroid cancer. Finally, Prof Jonathan Serpell and Prof Rebecca Sippel completed our programme with an excellent session and updates on adjuvant technologies in endocrine surgery.

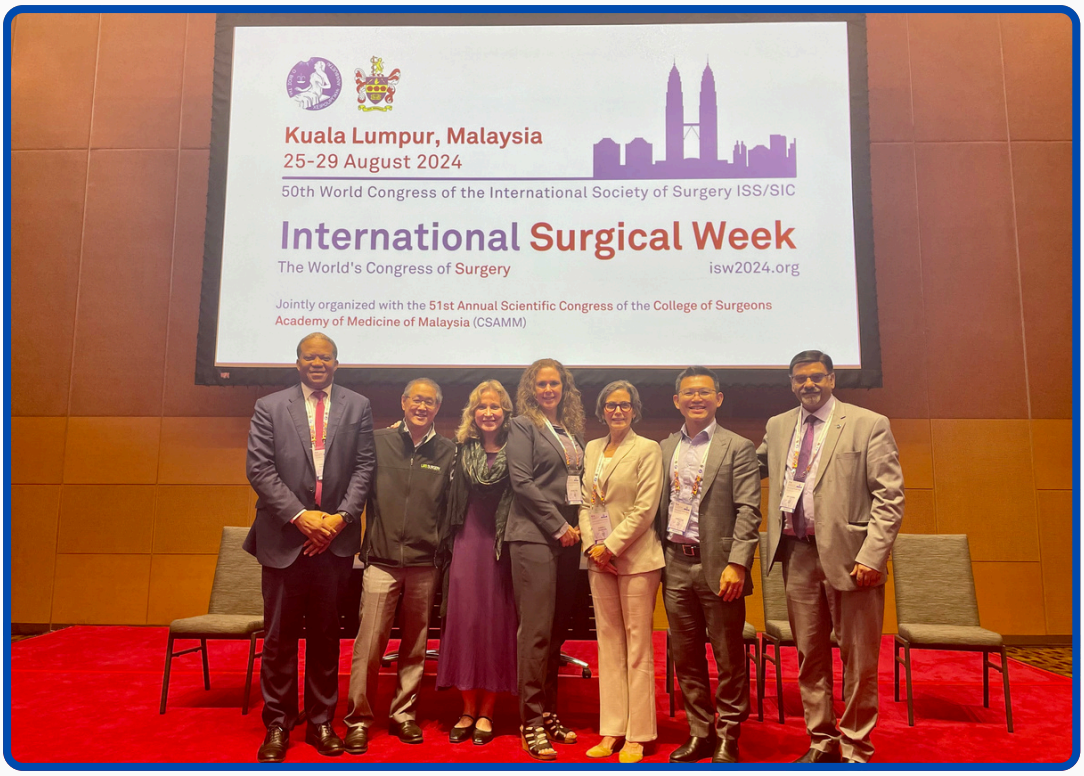
As always, the oral papers and posters allowed our very talented and diverse membership to display their incredible academic skills, knowledge and research and share with us the clinical and laboratory insights into endocrine disease and endocrine pathology that they have cultivated over the last 2 years. This academic input is the cornerstone of our organisation and in the subsequent meeting in 2026, we aim to have even more high quality oral and poster presentations as we will remove the requirement for oral papers to be published in the WJS.

We will encourage presentations that have not been published at the time of abstract submission (however can be published online before the meeting), to allow our meeting to become to forum for the highest quality and up-to-date cutting edge insights into the clinical and biological aspects of endocrine disease.

I see our society expanding, however, remaining true to their original founding vision that the International Association of Endocrine Surgeons will create a forum for the exchange of views of those who are involved in expanding the frontiers of endocrine surgery.



FROM THE ISW 2024



Panel for the IAES Symposium - Surgical Leadership
Fiemu Nwariaku, Herb Chen, Julie Miller, Rachel Kelz, Carmen Solozano, James C Lee & Amit Agarwal (Left to Right)



Panel for the IAES Main Session - Updates on Adjunct Technologies in Endocrine Surgery
Jonathan Serpell, Elias Karakas, Jennifer Kuo, Rebecca Sippel & Schelto Kruijff (Left to Right)

FROM THE ISW 2024



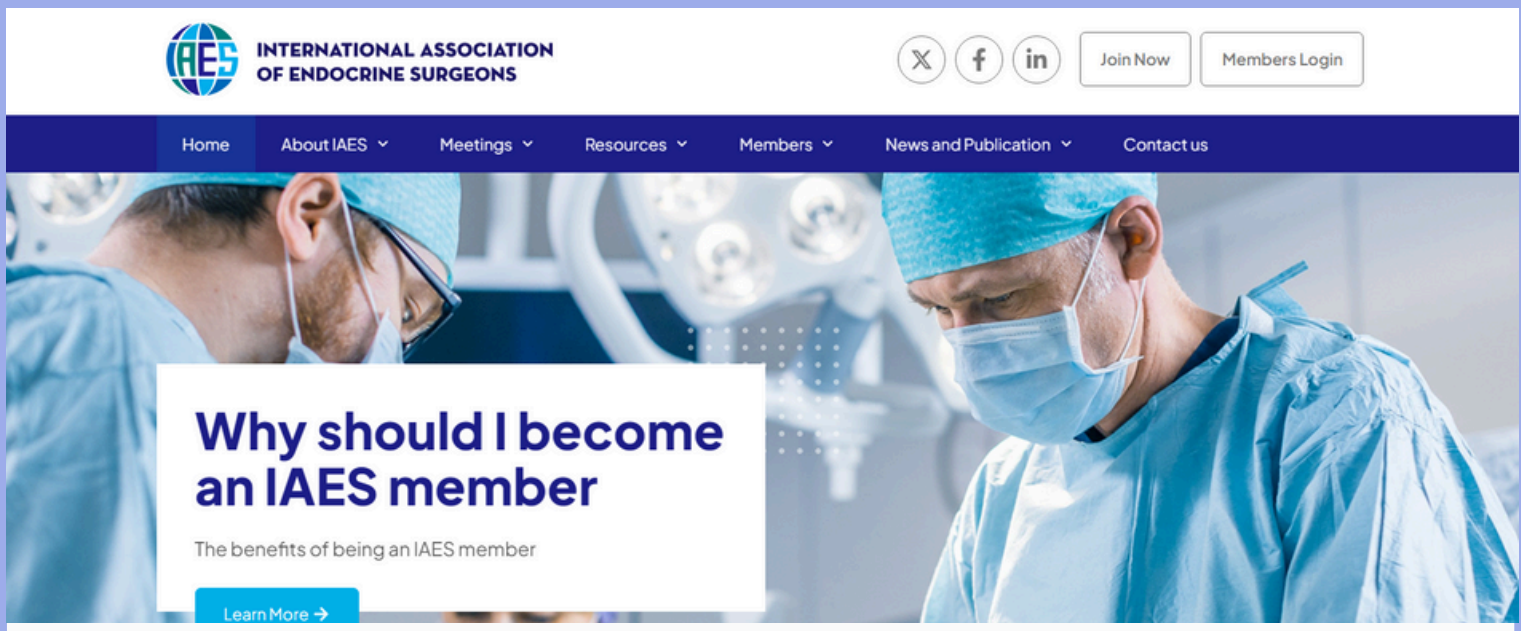
Bruce Robinson, Jan Zedenius & Leigh Delbridge



Christofer Juhlin & Jan Zedenius



Iwao Sugitani & Anthony Glover chairing the IAES Symposium on Targeted Therapies for Thyroid Cancer



UPDATES IN EDUCATION

Fausto Palazzo & James C Lee

As we begin 2025 we can reflect on a productive 12 months and can look at the educational future of the IAES with optimism. In recent years the role of in person conferences has been called into question but the Kuala Lumpur gathering crystallized that no other medium is as effective in achieving education via keynote lectures, research presentations and the priceless opportunity to share personal experience with our peers. The IAES 2024 meeting reminded us that memorable speakers have an apparently effortless ability to educate and entertain in equal measure as was the case of the Peter Heimann Lecture that underlined just how much we rely on the brilliance of our pathologists and other colleagues to optimize patient care. This was also reflected in the state of the art lecture on the evolving paradigms in the treatment of adrenal cancer, a talk that is also available for reference in the members section of the IAES website.

Whilst there were many excellent talks, highlights were the talk on the science of muscle fatigue in primary hyperparathyroidism, the provocative talk on tension free thyroid surgery practiced in St Petersburg and several talks on the role of artificial intelligence and technology in the future diagnosis and treatment of endocrine surgical disease. The clinical cases session as ever was a hit with lively discussion despite being very early in the morning after a social evening the night before.

Our need to stay in touch does not stop in the non-conference year so while we wait to meet again in Sydney in 2026 the IAES continuesremotely . The new IAES website (https://iaesurgeons.org) is an evolving resource tool for members to review a growing library of lectures on thyroid, parathyroid and adrenal disease and expert videos from leaders in their field. We are grateful to Herb Chen, Dana Hartl and more recently Jonathan Serpell who have contributed educational videos. We would be happy to receive educational video content for consideration.

On demand education such as podcasts are another way of overcoming time zone challenge an example being the Voices of Wisdom TIRO podcast set up by our president Dr Janice Pasieka and now chaired by IAES member Dr Dana Hartl. The topics covered would of interest to any thyroid surgeon.

The global nature of our organization has always represented a challenge for real time on line teaching or webinars allowing debate. We can embrace the opportunity to interact with colleagues on the new IAES Facebook page. This is only available to IAES members - so far 38 have joined. It allows peer to peer discussion without external or patient involvement. We strongly encourage you to join and engage with colleagues using this platform which we will also use to update IAES members of events.

Please get in touch if you wish to propose or advertise educational events or wish to consider hosting the IAES Postgraduate Course in the future.

JOIN THE FACEBOOK GROUP NOW!

GET READY FOR SYDNEY 2026

Mark Sywak & Alex Papachristos
Local Organising Committee Sydney 2026

IAES SCIENTIFIC MEETING
MANLY PACIFIC HOTEL
SYDNEY, AUSTRALIA
NOVEMBER 6-8TH 2026

We are excited to announce that the first stand-alone International Association of Endocrine Surgeons (IAES) Scientific Meeting will be held in the beautiful beachside location of MANLY in Sydney AUSTRALIA, from November 6-8th, 2026. This event promises to be an extraordinary opportunity for networking, learning, and sharing the latest advances in Endocrine Surgery. Leading Surgeons from around the globe will gather to engage in insightful discussions, attend expert-led workshops, and present innovative research. We encourage you to save these dates and participate in this invaluable experience. The picturesque setting of MANLY beach, with its seaside location and vibrant culture, will provide an inspiring backdrop for our collective pursuit of excellence in endocrine surgical practice.

An IAES Post Graduate Workshop is planned on the 5th of November focussed on interactive case-based teaching for Senior Residents, surgical Fellows and early career surgeons. Be prepared for an enriching agenda which will not only enhance your skills but also foster collaborations that extend beyond the conference. We look forward to welcoming you to Sydney. Mark your calendars and stay tuned for more details regarding registration and the program.



ABSTRACT SUBMISSION SYDNEY 2026



Your IAES Council has been listening!

Recognizing that the previous mandatory World Journal of Surgery (WJS) publication, dissuaded some of our members from putting their best work into the IAES meeting, the council agreed we needed to change the rules around submission criteria. Although we will still utilize the WJS for podium and poster presentations of unpublished work, we aim for our IAES meeting to be the premier forum for presentation and discussion of ground breaking international research in all topics of Endocrine surgery, pathology and science.

In order to facilitate and enhance the science and discussions at the meeting, the **following Abstract Eligibility Rules will apply for Sydney 2026.**

1. Compulsory publication of accepted oral/podium abstracts in the World Journal of Surgery has been removed. The option to be considered for publication in WJS for non-published work will continue to be offered as before. Authors will choose at the time of abstract submission.
2. Abstracts that have been published online or in print following the abstract submission deadline AND before the commencement of the meeting will be eligible for oral podium presentations.
3. Abstracts that are accepted for oral presentation however, subsequently found to have been published online or in print before the closure date of the abstract submission will not be eligible for podium presentation.

International Association of Endocrine Surgeons

ROBERT PARKYN OAM AUSTRALIAN DAY HONOURS

On behalf of the IAES, we would like to congratulate former INTEREST chair & council member Associate Professor Robert Parkyn on receiving a Medal of the Order of Australia (OAM) in recognition for his service to medicine in the field of breast and endocrine surgery.. OAM is an Australian honour, reserved for Australian citizens who have made significant contributions in their area.



Throughout his career, A/Prof Parkyn has performed over 30,000 surgeries and has been involved in outreach programs in Asia and Africa, serving as a surgeon in field hospitals and refugee camps.

Based in Adelaide, Australia, A/Prof Parkyn earned his Bachelor of Medicine, Bachelor of Surgery (MBBS) from the University of Adelaide in 1976 and became a Fellow of the Royal Australasian College of Surgeons (FRACS) in 1984. Since then, he has held many significant positions around the world.

Rob has been a key figure in the IAES as the former Chair for INTEREST and executive member of the IAES between 2006-2021. It was only after Rob's proposal in 2008 that the IAES established the INTEREST (International Endocrine Surgical Teams) program as an outreach initiative to deliver endocrine surgical knowledge and skills to developing countries.

Under his leadership, the program organized successful missions to countries such as Vietnam, Malaysia, Borneo, Sri Lanka, Bangladesh, Kenya, Tanzania, Togo and Uganda, where volunteer endocrine surgeons provided education and hands-on training to local medical professionals. From 2012, he personally led numerous teams to Tanzania, Malaysia, Borneo, Sri Lanka, Vietnam and joined the Malaysian Field Hospital at Cox's Bazaar in Bangladesh providing services to Rohingyan refugees. The INTEREST program exemplified a model for collaboration between developed and developing countries, aiming to enhance surgical education and improve patient care in regions with limited resources.

World Journal of Surgery Update

Linwah Yip

Associate Editor for IAES



It has been a very busy 6 months as the scientific contributions from the 2024 meeting in Kuala Lumpur were being reviewed and edited for publication. Jonathan Serpell, MD played a substantial role and shared equally in the work to bring them to publication. In total, World Journal of Surgery will publish 26 papers from the IAES scientific program with 4 Invited Commentaries. We are in the process of finalizing the digital issue which will be dedicated to the amazing work highlighted by our members at the meeting, and we will provide a link to this issue on the IAES website. We are grateful to all of you in the IAES who helped to review these papers quickly and are appreciative of your expertise.

The team at WJS has been truly wonderful to work with including Sherry M. Wren MD, Editor-in-Chief, Laura Shearer, Managing Editor, and Samantha Davies, Senior Publisher at Wiley. As a reminder, submissions to WJS do not require a fee and publication fees are also waived unless Open Access is preferred. There are a variety of manuscript types that are available (i.e. Clinical Review, Innovations from the Field, Surgical History, Editorial Perspectives, etc) and we encourage you to consider submitting in any of these categories.One of Dr Wren's new initiatives is the Research Letter which is planned to be focused reports of novel and innovative research. Please take advantage of this new manuscript category that will allow for succinct reporting of exciting findings in a new format, and during the review process, we may also recommend this option for appropriate submissions.

This year, we will be initiating monthly publication of the WJS Table of Contents particularly focusing on the articles relevant to Endocrine Surgery. Personally, participating in the peer-review process helps me critically think about how I currently take care of patients, guides in constructing new study questions, and has been invaluable in career development. Please let me know if you are interested in reviewing for WJS (yipl@upmc.edu) and we will be happy to include you, too.

CALL FOR IAES MEETING 2028 IN NORTH AMERICA



It is time to have the IAES meeting in North America as it has been a long time. The last time we met was in Montreal Canada 2007 and before that San Francisco USA 1979.

Are you located in North America and interested in hosting our 2028 meeting? We want to hear from you!

The IAES will host their 2028 Meeting in North America and we are seeking expressions of interest from North American-based surgeons to host the meeting. If you are interested, please submit a proposal to Stan and we would like the following preliminary details.

1. Location
2. Dates
3. Local Arrangements Committee
4. Possible Meeting Venue & Accessibility of the Venue
5. Benefits & Risks for your meeting proposal
6. Attributes that would make your city attractive for IAES members to attend
7. Potential Costs

Please email your proposal to Stan at iaes.stan@nebsc.com.au by the **31st of May 2025.**

We look forward to seeing your proposal.

UPCOMING MEETINGS IN 2025 WITH IAES INVOLVEMENT

World Congress on Thyroid Cancer - Boston, USA
July 9th-12th 2025

Once again, many members of the IAES will be taking part in the WCTC this July. The IAES will be hosting a panel on **Wednesday July 9th at 10:30am** at the WCTC. This will feature Jan Zedenius (Past-President) and Janice Pasieka (President) as moderators, with Quan-Yang Duh (President-Elect), Tracy Wang, Iwao Sugitani, Kerstin Lorenz and Aimee Di Marco as panelists. We hope to see you there.



The Annual Congress of the Japan Association of Endocrine Surgery
Kamakura, Japan
May 22nd-24th

Iwao Sugitani (Council Member) will serve as host for the Annual Congress of the Japan Association of Endocrine Surgery, which will be located in the historic city of Kamakura.



American Association of Endocrine Surgeons Annual Meeting - Milwaukee, Wisconsin
May 17th-19th

Many members of the IAES will be attending the 45th Annual Meeting for the AAES, which will be hosted in Milwaukee, Wisconsin.



LIST OF UPCOMING MEETINGS IN 2025

Congress of the Asian Association of Endocrine Surgeons (AsAES) *Seoul, Republic of Korea*	April 2nd - 4th
Royal Australian College of Surgeons (RACS) Annual Scientific Congress *Sydney, Australia*	May 3rd - 6th
American Association of Endocrine Surgeons (AAES) Annual Meeting *Milwaukee, USA*	May 17th - 19th
Conference of the European Society of Endocrine Surgeons *Izmir, Turkey*	May 22nd - 24th
Annual Congress of the Japan Association of Endocrine Surgery *Kamakura, Japan*	May 22nd - 24th
World Congress on Thyroid Cancer (WCTC) *Boston, USA*	July 9th - 12th
British Association of Endocrine & Thyroid Surgeons (BAETS) Annual Scientific Meeting *Manchester, United Kingdom*	October 2nd - 3rd

"THE RHINO" SCULPTURE

As a symbol of membership of the IAES, "The Rhino" sculpture is **now available to be purchased** again. The impressive sculpture was first designed and crafted by David Mackay Harrison, an Australian artist who is highly regarded internationally.

The Indian rhinoceros (Rhinoceros Unicornis) is the international mascot of endocrine surgery as related by Prof. Ian Gough, FRACS, from a presentation in 2002. The story behind this relates to the discovery of the parathyroid glands. On 24th May 1834, the Zoological Society of London purchased its first Great Indian Rhinoceros, Rhinoceros Unicornis; the commoner African Rhinoceros has two horns. It duly arrived at the Zoo and was a great attraction until it died 15 years later on 19th November 1849. This had been due to a rib fracture and chest trauma from repeated abuse, following an altercation with an elephant who was placed in the same area as the rhinoceros. The Conservator of the Hunterian Museum of the Royal College of Surgeons at the time was Richard Owen and he was offered the carcass, upon which he subsequently performed a post-mortem. He read a paper about it to the Zoological Society of London and this was subsequently published in their Transactions. It is this paper that the first ever description of the parathyroid glands appeared described as follows: "*a small compact yellow glandular body was attached to the thyroid at the point where the veins emerge*". The parathyroids were, in fact, the last ever mammalian organ visible to the naked eye to be discovered. Their importance to endocrine surgeons worldwide has led to the Indian Rhinoceros becoming the international mascot of endocrine surgery.

"The Rhino" weighs around 10kg/22lb, measuring 23cm/9in high, 30cm/11in long and 15cm/5.9in wide.

The IAES now owns the copyright to the Rhino sculpture. As a result, the Rhino will now be offered to IAES members for the price of **$500.00 USD plus shipping** to your country.



To order, please email Jess at iaes.jess@nebsc.com.au with your shipping address for the approximate quote on the shipping costs.